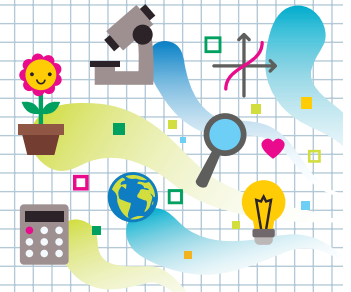




HEADS IN, HEARTS IN

Glitter Gelling Instructions for Set-Up



Supplies

- “Guide for Families” handout
- “Sample Numbers,” “Sample Letters,” “Sample Shapes,” “Sample Words” handouts
- 5 clear plastic standup displays (optional)
- 3–5 gallon-sized freezer bags (Freezer bags are preferred over sandwich or storage bags because they are thicker and won’t break as easily.)
- Three to five 20-ounce bottles of clear hair gel
- 1 box of liquid food coloring that contains at least 4 different colors of dye
- One 10- to 16-ounce container or several smaller containers of glitter
- Clear packing tape
- Display table

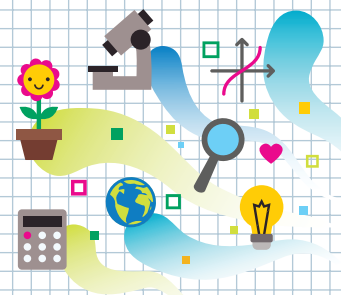
Activity Preparation

- ▶ Purchase or locate items on supply list.
- ▶ Print one copy each of the “Guide for Families” handout and the “Sample Numbers,” “Sample Letters,” “Sample Shapes” and “Sample Words” handouts.
- ▶ Laminate or place handouts in clear plastic standup displays to allow participants to see them more readily.
- ▶ Fill each gallon-sized freezer bag with one full bottle of hair gel.
- ▶ Add approximately 10 to 20 drops of food coloring to each bag to create the color of your choice.
- ▶ Add approximately 2 to 5 tablespoons of glitter to each bag.
- ▶ Close bag tightly, removing any air.
- ▶ Mix the gel, food coloring and glitter well by gently pressing and squeezing the outside of the bag.
- ▶ Set up the display table. Use the clear packing tape to attach bags of gel to the table. Tape all four sides to the table. This will prevent the bags from being picked up and opened. Set out sample handouts.





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Glitter Gelling Guide for Families

Learning Objectives

What you need to know:

This multisensory activity will help you to retain the information you are practicing. Writing is an important part of literacy. In addition, this activity can offer a therapeutic and calming effect.

What you will do and learn:

In this activity, you will practice pre-writing skills using numbers, letters, shapes and words.

Instructions

1. Choose a numbers, letters, shapes or words list.
2. Select your favorite glitter bag.
3. In the bag of glitter, practice making each number, letter, shape or word on the list.

Glitter Gelling

Sample Numbers Handout

1	2	3
4	5	6
7	8	9
10	11	12
13	14	15

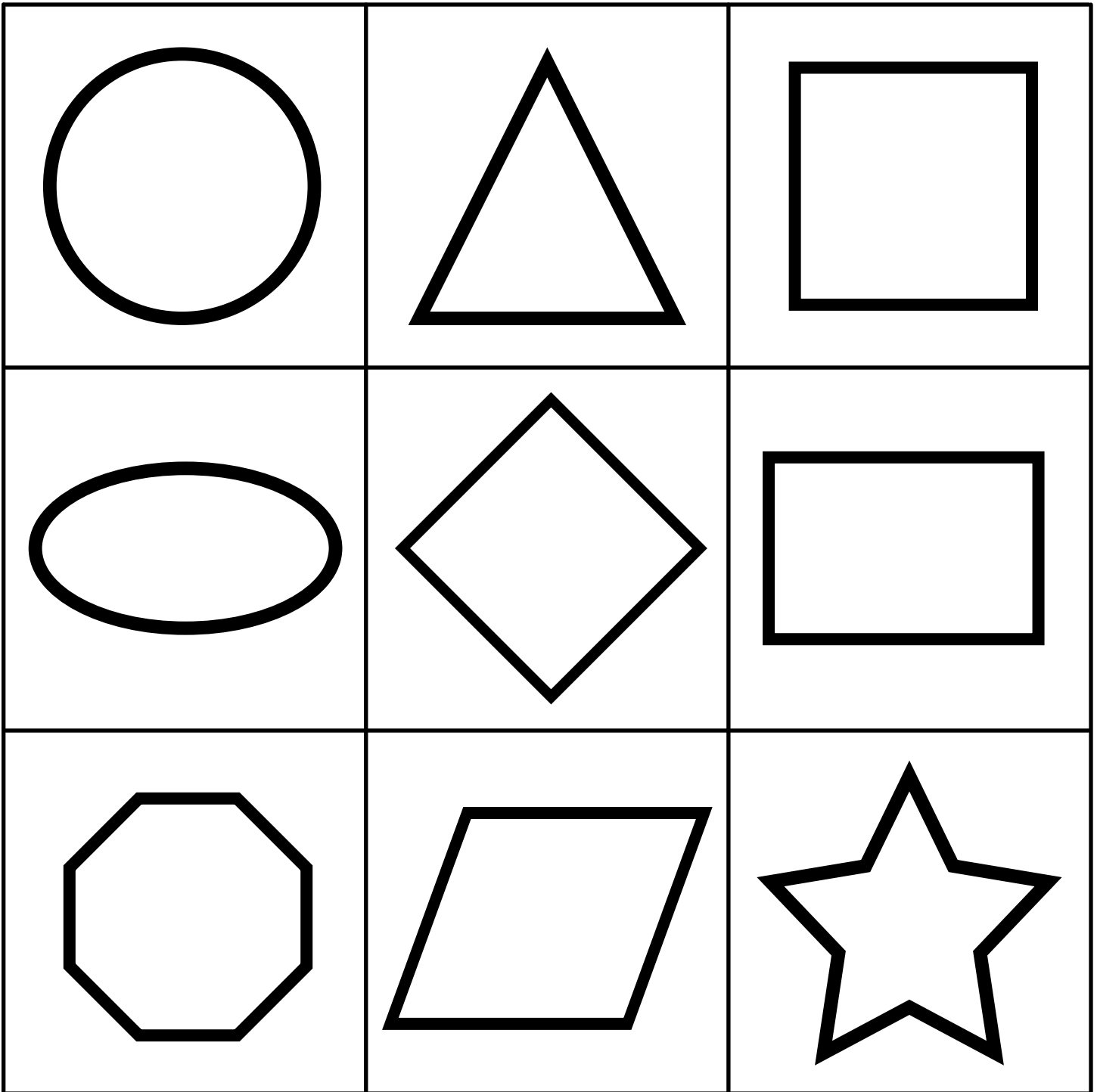
Glitter Gelling

Sample Letters Handout

A	B	C	D
E	F	G	H
I	J	K	L
M	N	O	P
Q	R	S	T
U	V	W	X
Y	Z		

Glitter Gelling

Sample Shapes Handout



Glitter Gelling

Sample Words Handout

the	one	you	that
he	she	your	when
stop	play	find	down
see	come	write	sing
run	make	like	now
out	tell	first	lunch
math	write	new	old
always	try	year	Monday
love	frog	cold	hot
why	girl	boy	nice
two	kick	bus	move
end	door	call	fast