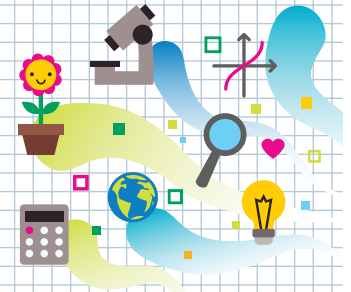




# HEADS IN, HEARTS IN

## Birds Eating Worms

### Instructions for Set-Up



### Supplies

- “Guide for Families” handout
- Clear plastic standup display (optional)
- Chenille stems (1/4 of a chenille stem for each participant, any colors)
- Wood or plastic clothespins with spring (5 per participant)
- “Birds” worksheet
- 3 medium-sized baskets
- Several glue sticks
- Several pairs of child-safe scissors
- Small sealable snack bags (1 per participant)
- Display table

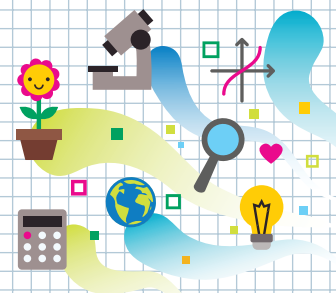
### Activity Preparation

- ▶ Purchase or locate items on supply list.
- ▶ Print one copy of the “Guide for Families” handout. Laminate or place in a clear plastic standup display to allow participants to see it more readily.
- ▶ Cut the chenille stems in 4 pieces and bend to resemble worms.
- ▶ Place the “worms” in a basket. Place the clothespins in another basket. Leave one basket empty.
- ▶ Print (on durable paper) one copy of the “Birds” worksheet per participant.
- ▶ Make several samples of the bird clothespins so participants understand where to glue the bird picture on the clothespin.
- ▶ Set up the display table and arrange needed supplies.





# HEADS IN, HEARTS IN



## Birds Eating Worms Guide for Families

### Learning Objectives

#### What you need to know:

**Fine motor development** and **hand-eye coordination** are important skills for developing early writing. Children develop fine motor skills when they use their fingers to manipulate toys, food or other objects. Young children need lots of opportunities to practice activities that will strengthen the muscles of the hand and require the eyes and hands to work together.

#### What you will do and learn:

Children will practice fine motor skills and hand-eye coordination by grasping, opening and closing clothespins. Encourage the child to develop math skills by counting while placing the “worm” in the basket.

### Instructions

1. Take a clothespin.
2. Take a copy of the “Birds” worksheet. Help the child cut out the birds using the child-safe scissors.
3. Using the glue stick, help the child glue each bird onto a clothespin. Allow glue to dry.
4. Take 8-10 chenille stem “worms” from the basket.
5. Encourage the child to use the clothespin “birds” to pick up the chenille stem “worms” by pinching the clothespin with their fingers to make it open and close.
6. Place each “worm” into the empty basket, one by one, using the different colored “birds.”
7. Count the worms as the birds drop them into the basket.
8. When complete, place the clothespin “birds” into the sealable snack bag to take home.

# Birds Eating Worms

## Birds Worksheet



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