



Common name	Scientific name	Natural enemies	Bees	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER
1. wild strawberry	<i>Fragaria virginiana</i>	★★	★	[Yellow bar]					
2. golden Alexanders	<i>Zizia aurea</i>	★★★	★★	[Yellow bar]					
3. Canada anemone	<i>Anemone canadensis</i>	★★★	★		[Yellow bar]				
4. penstemon/hairy beardtongue	<i>Penstemon hirsutus</i>	★★	★★		[Yellow bar]				
5. angelica	<i>Angelica atropurpurea</i>	★★★	★		[Yellow bar]				
6. cow parsnip	<i>Heracleum maximum</i>	★★★	★		[Yellow bar]				
7. sand coreopsis/lanceleaf tickseed	<i>Coreopsis lanceolata</i>	★★★	★		[Yellow bar]				
8. shrubby cinquefoil	<i>Potentilla fruticosa</i>	★★★	★		[Yellow bar]				
9. Indian hemp	<i>Apocynum cannabinum</i>	★★★	★		[Yellow bar]				
10. late figwort	<i>Scrophularia marilandica</i>	★★	★★			[Yellow bar]			
11. swamp milkweed	<i>Asclepias incarnata</i>	★★	★★			[Yellow bar]			
12. Culver's root	<i>Veronicastrum virginicum</i>	★★	★★★			[Yellow bar]			
13. yellow coneflower	<i>Ratibida pinnata</i>	★★★	★★				[Yellow bar]		
14. nodding wild onion	<i>Allium cernuum</i>	★	★★				[Yellow bar]		
15. meadowsweet	<i>Spiraea alba</i>	★★★	★★				[Yellow bar]		
16. yellow giant hyssop	<i>Agastache nepetoides</i>	★★	★★★				[Yellow bar]		
17. horsemint/spotted beebalm	<i>Monarda punctata</i>	★★★	★★				[Yellow bar]		
18. Missouri ironweed	<i>Vernonia missurica</i>	★★	★★				[Yellow bar]		
19. cup plant	<i>Silphium perfoliatum</i>	★★★	★★★				[Yellow bar]		
20. pale Indian plantain	<i>Cacalia atriplicifolia</i>	★★	★★				[Yellow bar]		
21. boneset	<i>Eupatorium perfoliatum</i>	★★★	★★				[Yellow bar]		
22. blue lobelia	<i>Lobelia siphilitica</i>	★★★	★★★				[Yellow bar]		
23. pale-leaved sunflower	<i>Helianthus strumosus</i>	★★★	★★				[Yellow bar]		
24. Riddell's goldenrod	<i>Solidago riddellii</i>	★★★	★★★				[Yellow bar]		
25. New England aster	<i>Aster novae-angliae</i>	★★★	★★				[Yellow bar]		
26. smooth aster	<i>Aster laevis</i>	★★	★★				[Yellow bar]		

Native Flowering Plants that Attract Beneficial Insects

The bloom periods shown for the native perennials are for 2-year-old plants growing in full sun in 2005 in Ingham County, Michigan. Bloom times will vary between years and locations. All plants are native to the north central United States; many are native to the eastern United States. Check with local resources to determine if they are native to your area.

Key:

- ★ good
- ★★ better
- ★★★ best

[Yellow bar] Entire bloom period.
 [Yellow area] Yellow area shows peak bloom.

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